

## St Cecilia's Catholic Infant & Nursery School



### Relationships, Sex and Health Education Policy

<b>Chair of Governors</b>	Mrs Maria Lawrence
<b>Headteacher</b>	Mrs Elizabeth van de Waal
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## Love One Another as I Have Loved You

*St Cecilia's Infant and Nursery School strives to be a family community inspired by the teachings of Christ in which each individual is valued, nurtured and encouraged to reach their full potential.*

### Rationale

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL'

(Jn.10.10)

We are involved in Relationship, Sex and Education (RSE) precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

Following the guidance of the Bishops of England and Wales and as advocated by the DFE (and the Welsh Assembly Government) RSE will be firmly embedded in the PSHE/RSHE framework as it is concerned with nurturing human wholeness and integral to the physical, spiritual, emotional, moral, social and intellectual development of pupils. It is centred on Christ's vision of being human as good news and will be positive and prudent, showing the potential for development, while enabling the dangers and risks involved to be understood and appreciated.

All Relationship, Sex and Health Education RSHE will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from. It will also prepare pupils for life in modern Britain.

### Aim

Saint Cecilia's Catholic Infant and Nursery School aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2020 which meets the ethos of its Catholic identity and mission.

The purpose of this Relationship, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

Our School's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and through an agreed approach to Relationship and Sex Education (RSE) using the Archdiocesan recommended resource 'Journey In' Love 2020, we believe that we can promote the development of the whole child, so that children can grow in *virtue, wisdom and stature*, understanding both the emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.

RSHE is taught through our lifestyle in school and through the subjects of Religious Education, PSHE and Science and by way of a cross-curricular, integrated approach. All elements of PHSE at Key Stage 1 are covered. Significant aspects of Relationship and Sex education remain part of the National Curriculum for Science. These will be taught to all pupils.

The PSHE (Physical, Social, Health, and Economic Education) curriculum at St. Cecilia's Catholic Infant and Nursery School embraces each child, offering them a safe opportunity to explore themselves, relationships and the wider-world around them. PSHE provides plentiful opportunities to voice opinions and clarify understanding, encouraging openness within discussion which contributes to the personal development of each individual. The range of aims and activities covered also help our children to appreciate the diverse communities in which we live contributing to their spiritual, moral, social and cultural development. We offer a valuable curriculum in which information is shared with our children to empower them to make positive decisions about their own health and wellbeing, allowing them to recognise when issues arise, knowing how to seek support as early as possible from appropriate sources. In essence, the curriculum aims to promote positive physical, mental and emotional well-being, which is fundamental in the lives of our children both now and as they grow and mature.

In the Science National Curriculum, through high quality teaching and learning experiences, we aim to develop every child's key scientific knowledge, vocabulary and understanding of a range of scientific concepts, methods, processes and skills, including living things.

The other aspects of the statutory curriculum intent will be met by:

- encouraging pupils' growth in self-respect, acknowledging we are all created in the image and likeness of God
- helping pupils develop an understanding that love is the central basis of relationships
- helping pupils to understand the nature of relationships and to encourage them to reflect on their own relationships and respect differences between people
- developing pupils' confidence in talking, listening and thinking about feelings and relationships
- helping pupils' confidence in talking, listening and thinking about feelings and relationships
- helping pupils acquire the skills necessary to develop and sustain relationships
- ensuring that pupils protect themselves and ask for help and support when needed
- helping pupils develop a healthier, safer lifestyle

- preparing pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the world

### Journey in Love

An aspect of the mystery of love is treated in each year group; children and young people are encouraged to marvel at the wonder and beauty of God's creative love. This is reflected in each stage of a person's growth in the primary years through a series of suggested, progressive and developmental tasks, activities and reflections that focus on social, emotional, physical and spiritual development.

Early Years: The wonder of being special and unique

Year 1: We meet God's love in our family

Year 2: We meet God's love in the community

### The Purpose

The aims of Relationship, Sex and Health Education (RSHE) at St Cecilia's Catholic Infant and Nursery School are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Give them an understanding of the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

We aim to ensure that all pupils:

- Grow in self-respect, aim high and celebrate who they are.
- Understand the rights of the child and laws / rules in place to enjoy a happy, healthy and safe childhood.
- Acquire the skills necessary to develop and sustain positive relationships, focusing on family and friends, including online.
- Appreciate and respect differences, valuing the contributions others make to our society.
- Develop resilience when faced with challenging situations, knowing how / where to seek help.

### Statutory Requirements

At St Cecilia's Catholic Infant and Nursery School we must provide Relationships Education to all pupils as per section 34 of the Children and Social work act 2017.

In teaching Relationship and Sex Education, we must have regard to Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

The statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A

The statutory guidance from the Department for Education Equality Act 2010.

### Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review of RSE Policy - RE lead, Mrs Jill Walsh, PSHE lead, Mrs Claire Creer, Science Lead, Mrs Kerry Hunter, Headteacher, Mrs Elizabeth van de Waal (June 2021)
2. Staff consultation - all school staff were given the opportunity to look at the policy and make recommendations. (September 2021)
3. Parent/stakeholder consultation - parents and any interested parties, Chair of Governors Mrs M. Lawrence and governing body. (September 2021)
4. Ratification - once amendments were made, the policy was shared with governors and ratified. (September 2021)

### Definition

Relationship, Sex and Health Education involves a combination of sharing information, and exploring issues underpinned by our Catholic values.

Relationship Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

### Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching. Relationship Sex Education will be covered using the Archdiocesan recommended resource 'Journey in Love' 2020.

As an infant school, we have considered the age, stage and feelings of pupils and plan to consult with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs.

Alongside the science curriculum, Journey in Love supports and extends scientific understanding of physical human development.

We have sought direction from the PSHE Scheme 'You, Me and PSHE' alongside recommendations from the PSHE Association and the Local Authority to create a curriculum allowing our staff to design and plan age-appropriate subject content to cover aims based on core areas of the curriculum.

This affords staff the flexibility to meet planning requirements, support the needs of their particular cohort and reflect the context of the school and local community.

### Delivery of Relationship, Sex and Health Education (RSHE)

Relationship and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.

Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.

The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them (for example: looked after children or young carers).

As a school, we promote equality of opportunity and foster good relations. Our school environment uniformly applies values of inclusion and respect to all pupils and their families. All staff are proactive in promoting positive relationships and receive regular training.

### Roles and Responsibility

The governing body will approve the RSHE policy and hold the headteacher to account for its implementation.

The headteacher is responsible for ensuring that RSHE is taught consistently across the school.

Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff that have concerns about teaching RSHE are encouraged to discuss this with the headteacher.

Staff are responsible for:

- Delivering RSHE in a sensitive way which complies with Church teaching.
- Modelling positive attitudes to RSHE.
- Monitoring progress.
- Responding to the needs of individual pupils.

Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with dignity, respect and sensitivity.

### Monitoring arrangements

The delivery of RSHE is monitored by the RE Lead, Jill Walsh, by the PSHE Lead, Claire Creer , and by the Science Lead, Joanne Getty, by undertaking learning walks, staff and pupil consultations, planning and work scrutinies and questionnaires.

Pupils' development in RSE is monitored by class teachers as part of our internal informal assessment systems.

This policy will be agreed annually by the governors and reviewed every three years.

### Resources

The PSHE Association [www.pshe-association.org.uk](http://www.pshe-association.org.uk)

### **You, Me and PSHE**

#### **Early Years Foundation Stage**

Journey In Love 2020

The Underwear PANTS Rule [www.nspcc.org.uk](http://www.nspcc.org.uk)

#### **Key Stage One**

Journey In Love 2020

## **Appendix 1**

### **Primary Relationships Education Statutory Learning Opportunities**

#### **Families and people who care for me**

That families are important for children growing up because they can give love, security and stability	Year 1 and Year 2
The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	Year 2
That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care	Year 2
That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up	Year 2

#### **Caring friendships**

How important friendships are in making us feel happy and secure, and how people choose and make friends	Year 1 and Year 2
The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	Year 2
That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded	Year 2
That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right	Year 1 and Year 2
How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed	Year 1 and Year 2

#### **Respectful relationships**

The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	Year 2
Practical steps they can take in a range of different contexts to improve or support respectful relationships	Year 1
The conventions of courtesy and manners	Year 1
The importance of self-respect and how this links to their own happiness	Year 1
That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority	Year 1
About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	
What a stereotype is, and how stereotypes can be unfair, negative or destructive	
The importance of permission-seeking and giving in relationships with friends, peers and adults	



## **Online relationships**

That people sometimes behave differently online, including by pretending to be someone they are not	Year 1 and Year 2
That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous	Year 1 and Year 2
The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them	Year 1 and Year 2
How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	Year 1 and Year 2
How information and data is shared and used online	Year 1 and Year 2

## **Being safe**

What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Year 2
About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe	Year 1
That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact	Year 1
How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know	Year 1
How to recognise and report feelings of being unsafe or feeling bad about any adult	Year 1
How to ask for advice or help for themselves or others, and to keep trying until they are heard	Year 1
How to report concerns or abuse, and the vocabulary and confidence needed to do so	Year 1
Where to get advice from e.g. family, school and/or other sources	Year 1

## **Mental wellbeing**

That mental wellbeing is a normal part of daily life, in the same way as physical health	Year 1 and Year 2
That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations	Year 1
How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings	Year 1
How to judge whether what they are feeling and how they are behaving is appropriate and proportionate	Year 1 and Year 2
The benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness	Year 1 and Year 2
Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests	Year 1 and Year 2
Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	Year 1 and Year 2

That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Year 1 and Year 2
Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)	Year 1 and Year 2
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough	Mental Health and Wellbeing Week

### **Internet safety and harms**

That for most people the internet is an integral part of life and has many benefits	Year 1 and Year 2 ICT
About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing	Year 1 and Year 2 ICT Year 2
How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private	Year 1 and Year 2 ICT Year 2
Why social media, some computer games and online gaming, for example, are age restricted	Year 2 ICT
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health	Year 1 and Year 2 ICT Year 2
Where and how to report concerns and get support with issues online	Year 1 and Year 2 ICT Year 2

### **Physical health and fitness**

The characteristics and mental and physical benefits of an active lifestyle	Year 1 and Year 2
The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise	Year 1 and Year 2
The risks associated with an inactive lifestyle (including obesity)	Year 2
How and when to seek support including which adults to speak to in school if they are worried about their health	Year 1 and Year 2

### **Healthy eating**

What constitutes a healthy diet (including understanding calories and other nutritional content)	Year 1 and Year 2
The principles of planning and preparing a range of healthy meals	
The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Year 2

### **Drugs, alcohol and tobacco**

The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking	Year 1 and Year 2
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### **Health and prevention**

About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer	Year 1
The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn	Year 2
About dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist	Year 2
About personal hygiene and germs including bacteria, viruses, how They are spread and treated, and the importance of handwashing	Year 2
The facts and science relating to allergies, immunisation and vaccination	Year 2

## Appendix 2

### Come and See and Relationship and Sex Education



#### **Introduction**

The following is intended as a guide for linking Relationship and Sex Education with *Come and See*. Some of these aspects might be covered in the EXPLORE section where the topic is being introduced, starting with the pupil's own experience, and extending into the REVEAL and RESPOND sections. Some ideas may be used in the REVEAL process where the teaching is explicitly concerned with Scripture and the teaching of the Church. Some topics offer more explicit teaching to develop ideas about Relationship and Sex Education, some less so.

Another way of using this section is when teaching Religious Education which occurs in other aspects of the curriculum e.g. Science, P.E, and PSHE etc.

<b>EARLY YEARS</b>		
<b>MYSELF</b>	God knows and loves each one	<ul style="list-style-type: none"><li>• Each one's name is important</li><li>• I am special and have a special name</li><li>• I have a family name</li><li>• Everyone is precious to God</li></ul>
<b>WELCOME</b>	Baptism a welcome to God's family	<ul style="list-style-type: none"><li>• How we are made to feel welcome</li><li>• How do we show others that they are welcomed?</li><li>• How is a baby welcomed into a family</li></ul>
<b>BIRTHDAY</b>	Looking forward to Jesus' birthday	<ul style="list-style-type: none"><li>• Why do we celebrate birthdays?</li><li>• What a birthday is</li><li>• What people do while they wait for a birthday</li><li>• Some of the ways birthdays are celebrated</li></ul>
<b>CELEBRATING</b>	People celebrate in church	<ul style="list-style-type: none"><li>• Why is celebrating important?</li><li>• What is good about celebrating together?</li><li>• What a celebration is</li><li>• Different elements of celebration</li></ul>

		<ul style="list-style-type: none"> <li>• Different ways of celebrating</li> </ul>
<b>GATHERING</b>	The parish family gathers to celebrate Eucharist	<ul style="list-style-type: none"> <li>• Why do we gather together?</li> <li>• How we gather as a church/parish family</li> <li>• What are the things that are better done together and why</li> <li>• The importance of gathering</li> </ul>
<b>GROWING</b>	Looking forward to Easter	<ul style="list-style-type: none"> <li>• The ways in which we grow</li> <li>• That spring is a time when things begin to grow</li> <li>• The ways in which we can grow in love to be more like Jesus</li> </ul>
<b>GOOD NEWS</b>	Passing on the Good News of Jesus	<ul style="list-style-type: none"> <li>• How they and others feel when they have good news.</li> <li>• The joy and happiness the good news brings</li> <li>• That everyone has good news to share</li> </ul>
<b>FRIENDS</b>	Friends of Jesus	<ul style="list-style-type: none"> <li>• how friends make us feel happy, comfortable and glad</li> <li>• What breaks and mends friendships:</li> <li>• It is good to have friends</li> <li>• How we can change and say sorry and forgive each other</li> </ul>
<b>OUR WORLD</b>	God's wonderful world	<ul style="list-style-type: none"> <li>• How wonderful our world is</li> <li>• How we could make God's world even more wonderful</li> <li>• What would happen if we did not look after our world?</li> <li>• What we love about our world.</li> <li>• What fills us with wonder about our world.</li> <li>• Everyone shares God's world.</li> <li>• How we would feel if we did not work together to share God's world.</li> </ul>

<b>YEAR 1</b>		
<b>FAMILIES</b>	God's love and care for every family	<ul style="list-style-type: none"> <li>• How families show love and care for each other.</li> <li>• God's love and care for them and their families.</li> <li>• How God shows love and care for individuals, families and all of creation</li> </ul>
<b>BELONGING</b>	Baptism an invitation to belong to God's family	<ul style="list-style-type: none"> <li>• What it feels like to belong</li> <li>• The experience of belonging to their family and the Church family</li> <li>• How babies are welcomed into the Church family.</li> <li>• Parents are blessed.</li> </ul>

<b>WAITING</b>	Advent a time to look forward to Christmas	<ul style="list-style-type: none"> <li>• How we feel when we are waiting</li> <li>• Why waiting can be difficult at times</li> <li>• Others may help us as we wait</li> <li>• We can help others.</li> </ul>
<b>SPECIAL PEOPLE</b>	People in the parish family	<ul style="list-style-type: none"> <li>• Special people help us</li> <li>• What makes a person special</li> <li>• How we can love and serve each other</li> <li>• There are people who do special jobs at Mass when the parish family gathers</li> <li>• Some of ways in which these people help</li> </ul>
<b>MEALS</b>	Mass; Jesus' special meal	<ul style="list-style-type: none"> <li>• What important for a happy meal</li> <li>• What makes a family meal special.</li> <li>• Preparation for a meal.</li> <li>• How we love and serve Jesus</li> <li>• How it is good to say thank you for our meals</li> </ul>
<b>CHANGE</b>	Lent a time for change	<ul style="list-style-type: none"> <li>• How the season change.</li> <li>• The ways we change and grow in love and kindness.</li> <li>• How we can change and make a new start in Lent.</li> </ul>
<b>HOLIDAYS AND HOLYDAYS</b>	Pentecost: the feast of the Holy Spirit	<ul style="list-style-type: none"> <li>• Why are holidays different from ordinary days</li> <li>• What makes holidays happy times</li> <li>• How holidays are times to relax and do something different</li> <li>• We should thank God for holidays and our wonderful world</li> </ul>
<b>BEING SORRY</b>	God helps us to choose well	<ul style="list-style-type: none"> <li>• Making choices that help us feel happy.</li> <li>• Making choices that make us feel unhappy.</li> <li>• What helps us to make good choices.</li> <li>• How would it be if everyone followed Jesus' new rule to 'love one another'.</li> <li>• Sometimes hard to say sorry and to forgive.</li> <li>• It is good to say sorry</li> <li>• The end of the day is a good time to reflect on the choices made and to ask God's forgiveness.</li> </ul>
<b>NEIGHBOURS</b>	Neighbours share God's world	<ul style="list-style-type: none"> <li>• Who is our neighbour?</li> <li>• What makes a good neighbour</li> <li>• How we can be a good neighbour</li> <li>• What happens if someone is not a good neighbour</li> </ul>

<b>BEGINNINGS</b>	God is present in every beginning	<ul style="list-style-type: none"> <li>• How you feel when you begin anything new</li> <li>• Why some beginnings are easy and some are difficult</li> <li>• How we begin our day</li> <li>• How each day is a new beginning.</li> <li>• God cares for everyone.</li> <li>• God being present in all new beginnings</li> </ul>
<b>SIGNS &amp; SYMBOLS</b>	Signs and symbols used in Baptism	<ul style="list-style-type: none"> <li>• The meaning and importance of some symbols in life.</li> <li>• The power of symbols to convey meaning</li> <li>• Some of the signs and symbols in daily life</li> </ul>
<b>PREPARING</b>	Advent; preparing to celebrate Christmas	<ul style="list-style-type: none"> <li>• Why is it necessary to prepare?</li> <li>• What would happen if you didn't prepare?</li> <li>• How you feel when you are preparing for special times?</li> <li>• What is the best way to prepare for Jesus' coming?</li> </ul>
<b>BOOKS</b>	The books used in Church	<ul style="list-style-type: none"> <li>• The importance of books in our lives.</li> <li>• The need for books</li> <li>• How books can help us</li> </ul>
<b>THANKSGIVING</b>	Mass a special time for saying thank you to God for everything, especially Jesus	<ul style="list-style-type: none"> <li>• How you feel when you thank others</li> <li>• How you feel when you are thanked</li> <li>• Why we thank God our Father</li> <li>• How the parish family can spread the message of thanksgiving and peace.</li> </ul>
<b>OPPORTUNITIES</b>	Lent an opportunity to start anew in order to celebrate Jesus' new life	<ul style="list-style-type: none"> <li>• How each day offers opportunities for good</li> <li>• What helps a person choose well</li> <li>• The opportunity of Lent offers to make a new start.</li> </ul>
<b>SPREAD THE WORD</b>	Pentecost a time to spread the Good News	<ul style="list-style-type: none"> <li>• The importance of messages in daily life</li> <li>• The responsibility of passing on messages</li> <li>• The new life of Jesus</li> <li>• How the Holy Spirit helps Christians</li> <li>• Jesus has promised us new life</li> </ul>
<b>RULES</b>	Reasons for rules in the Christian family	<ul style="list-style-type: none"> <li>• The importance for ourselves and others of keeping rules.</li> <li>• How rules are necessary in life</li> <li>• How it is sometimes hard to say sorry</li> </ul>

		<ul style="list-style-type: none"> <li>• How it is sometimes hard to forgive others</li> <li>• The good feeling when people make up</li> <li>• The difference between doing something accidentally and on purpose.</li> <li>• The importance and helpfulness of examining your conscience every day.</li> <li>• A sorry prayer</li> </ul>
<b>TREASURES</b>	God's treasure; the world	<ul style="list-style-type: none"> <li>• What we treasure</li> <li>• What treasures do we share?</li> <li>• We are God's treasure</li> <li>• How we thank God for the treasures of our world</li> <li>• How we should treat the treasures of this earth</li> </ul>

### Appendix 3

#### **Statutory Science Curriculum**

Early Years Foundation Stage children learn about life cycles. Through on-going personal, social and emotional development they develop the skills to form relationships and think about relationships with others.

#### **In Key Stage 1 children learn:**

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity



