



Week Commencing 04/01/21

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Sausage and Mash Potato with Onion Gravy	Caribbean Beef Curry served with Basmati Rice and Teardrop Naan Bread	Chicken Roast Dinner with Roast Potatoes, Stuffing, Broccoli, Carrots and Gravy	Fish Fingers with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tomato and Basil Pasta	Vegetable Sausage Toasties	Vegetable and Cheese Quesadillas	Vegetable Paella	Homemade Salmon and Leek Fish Pie
Homemade Soup	Leek and Potato	Tomato and Basil	Chef Choice	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Mash Potato	Rice	Roast Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Seasonal Vegetable	Carrots and Broccoli	Mixed Peppers	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurts	Iced Apple Flapjack Fresh Fruit	Homemade Scones with Jam or Cream Yoghurts	Fresh Fruit Pavlova Fresh Fruit	Cheese and Crackers Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Brown Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Roasted Tomatoes	Homemade Spaghetti Bolognese served with Warmed Ciabatta Bread	Ham Roast Dinner with Cauliflower Cheese, Baby Carrots Gravy, Roast Potatoes and	Homemade Battered Fish with Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Quiche	Pesto Pasta	Cheese and Tomato Panini with Mozzarella Cheese	Spanish Omelette	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chef Choice	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Spaghetti	Roast Potato	Homemade Chips
Vegetables Salad Bar with Hummus	Celery and Cabbage	Tomatoes	Carrots	Carrots and Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Turnovers Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit

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Week Commencing 18/01/21

DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Steak Mince and Mash Potato with Onion Gravy and Green Beans	Chicken Curry Served with Fragrant Rice and Minted Yoghurt Dressing and Papadums	Homemade Scouse served with Red Cabbage and Crusty Bread	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Creamy Cheese and Pasta Bake	Veggie Sausage Toasties	Tuna Pasta Salad with Red Onion, Sweetcorn and Mixed Peppers	Tandoori Salmon Served with Tear Drop Naan Bread
Homemade Soup	Chef Choice	Leek and Potato	Chef Choice	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash Potato	Wholemeal Rice	Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Green Beans	Cabbage	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks Fresh Fruit	Yoghurt Fruit Crunch Pots Fresh Fruit	Sticky Toffee Pudding Yoghurts	Fresh Fruit Salad Fresh Fruit	Rich Chocolate Cookies Mixed Flavour Yoghurts

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Week Commencing 25/01/21

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Sausage and Mash Potato with Onion Gravy	Caribbean Beef Curry served with Basmati Rice and Teardrop Naan Bread	Chicken Roast Dinner with Roast Potatoes, Stuffing, Broccoli, Carrots and Gravy	Fish Fingers with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tomato and Basil Pasta	Vegetable Sausage Toasties	Vegetable and Cheese Quesadillas	Vegetable Paella	Homemade Salmon and Leek Fish Pie
Homemade Soup	Leek and Potato	Tomato and Basil	Chef Choice	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Mash Potato	Rice	Roast Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Seasonal Vegetable	Carrots and Broccoli	Mixed Peppers	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurts	Iced Apple Flapjack Fresh Fruit	Homemade Scones with Jam or Cream Yoghurts	Fresh Fruit Pavlova Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 01/02/21

DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Brown Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Roasted Tomatoes	Homemade Spaghetti Bolognese served with Warmed Ciabatta Bread	Ham Roast Dinner with Cauliflower Cheese, Baby Carrots Gravy, Roast Potatoes and	Homemade Battered Fish with Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Quiche	Pesto Pasta	Cheese and Tomato Panini with Mozzarella Cheese	Spanish Omelette	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chef Choice	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Spaghetti	Roast Potato	Homemade Chips
Vegetables Salad Bar with Hummus	Celery and Cabbage	Tomatoes	Carrots	Carrots and Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Turnovers Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit

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Week Commencing 08/02/21

DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Steak Mince and Mash Potato with Onion Gravy and Green Beans	Chicken Curry Served with Fragrant Rice and Minted Yoghurt Dressing and Papadums	Homemade Scouse served with Red Cabbage and Crusty Bread	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Creamy Cheese and Pasta Bake	Veggie Sausage Toasties	Tuna Pasta Salad with Red Onion, Sweetcorn and Mixed Peppers	Tandoori Salmon Served with Tear Drop Naan Bread
Homemade Soup	Chef Choice	Leek and Potato	Chef Choice	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash Potato	Wholemeal Rice	Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Green Beans	Cabbage	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks Fresh Fruit	Yoghurt Fruit Crunch Pots Fresh Fruit	Sticky Toffee Pudding Yoghurts	Fresh Fruit Salad Fresh Fruit	Rich Chocolate Cookies Mixed Flavour Yoghurts

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