



Liverpool
City Council

Understanding your child 0-19 years

Gain more confidence as a parent:

Try our **FREE online guide** for all parents and carers to understand your child (0-19 year olds).

Find out more about:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Different styles of Parenting
- Having fun together
- Why is sleep important?
- Communication with your child

Go online to **www.inourplace.co.uk** and use the access code, **PURPLEBIN**



NHS



together
we make a difference