

## 25 Books to Support Personal, Social and Emotional Development

Book	Description	Curriculum links
The Huge Bag of Worries by Virginia Ironside	A reassuring picture book encouraging children to open up about their fears and anxieties to help manage their feelings.  The perfect book to soothe worries during stressful times.  Amazon	Personal, Social and Emotional Development Communication and Language Literacy
The Worrysaurus by Rachel Bright	The thought-provoking story and emotionally charged illustrations are a delight and will help relieve youngsters every day concerns.  The South Wales Evening Post	Personal, Social and Emotional Development Communication and Language Literacy
Have You Filled a Bucket Today? A guide to daily happiness for kids by Carole McCloud	Through simple prose and vivid illustrations, this heart-warming book encourages positive behaviour as children see how rewarding it is to express daily kindness, appreciation, and love. Bucket filling and dipping are effective metaphors for understanding the effects of our actions and words on the well-being of others and ourselves.  Good Reads	Personal, Social and Emotional Development Communication and Language Literacy
Be Brave Little Penguin by Giles Andreae	A feel-good rhyming story with a positive message about confidence and self-esteem, from the creators of international bestseller, Giraffes Can't Dance. Little Penguin Pip-Pip would love to join in with all his friends swimming in the sea, but there's just one problem . . . he's scared of water.  Amazon	Personal, Social and Emotional Development Communication and Language Literacy
Something Else by Kathryn Cave	A simple story, about a small creature who does his best to join in with the others. But he's different. No matter how he tries, he just doesn't belong. Then Something turns up and wants to be friends. But Something Else isn't sure he's like him at all... Kathryn Cave's poignantly simple story is brought to life by Chris Riddell in this enchantingly original picture book - now reissued with a new cover look.  Love Reading 4 Kids	Personal, Social and Emotional Development Communication and Language Literacy
Winston Was Worried by Pamela Duncan Edwards	It's tough being a dog with a splinter in your paw. Poor Winston's too busy to play with his friends – he is off to the vet with a great big splinter in his paw, and there's absolutely nothing worse than having a splinter in your paw, or so Winston thinks. But what Winston doesn't see as he crosses the busy city is that unlike his friends, he's one very lucky pup! If only he would look around and see the chaos he leaves behind him . . . but having a splinter can be very distracting.  Google Books	Personal, Social and Emotional Development Communication and Language Literacy
Badgers Parting Gifts by Susan Varley	When Badger dies, his friends are very sad, but one by one, they recall the special things he gave them during his lifetime. By sharing these fond memories, they realise that although he is no longer with them physically, he will always be in their hearts. A successful book that deals gently and clearly with issues of loss and death for young children.  Book Trust	Personal, Social and Emotional Development Communication and Language Literacy Understanding the World
Good-bye Mog by Judith Kerr	A touching tribute to a character beloved for fifty years, Goodbye Mog is the perfect story for a gentle introduction to the subjects of grief and bereavement, with the one and only MOG herself.  Amazon	Personal, Social and Emotional Development Communication and Language Literacy Understanding the World

<p>Kindness Grows by Britta Teckentrup</p>	<p><i>It all starts with a crack that we can hardly see, It happens when we shout or if we disagree. But with every kindness that we care to show, Something good and magical then begins to grow...</i> Angry words cause a crack to open up, but find out what happens when kindness begins to blossom in this thought-provoking book by award-winning illustrator Britta Teckentrup.</p> <p style="text-align: right;">Waterstones</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>We Are Together by Britta Teckentrup</p>	<p>Dedicated to themes of love, support and friendship, We Are Together is a beautiful peep-through picture book that uses Teckentrup's signature diverse and vibrant collage imagery to explore the power of collaborative voices, for support and for change.</p> <p style="text-align: right;">Lover Reading 4 Kids</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Here We Are by Oliver Jeffers</p>	<p>Oliver Jeffers, arguably the most influential creator of picture books today, offers a rare personal look inside his own hopes and wishes for his child—and in doing so gifts children and parents everywhere with a gently sweet and humorous missive about our world and those who call it home.</p> <p style="text-align: right;">Penguin Random House</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>The Jar of Happiness by Alisha Burrows</p>	<p>How do you create happiness? In this story, one child finds a way. She mixes the smell of warm biscuits and the seaside with the taste of chocolate ice cream, apple juice and the warmth of sunshine. She fills the jar and visits her loved ones to share her invention. But one day her jar goes missing. She searches everywhere but cannot find it. As she retraces her footsteps she discovers there are many different ways to share happiness.</p> <p style="text-align: right;">Google Books</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Mama Panya's Pancakes by Mary and Rich Chamberline</p>	<p>On market day, Mama Panya's son Adika invites everyone he sees to a pancake dinner. How will Mama Panya ever feed them all? This clever and heart-warming story about Kenyan village life teaches the importance of sharing, even when you have little to give.</p> <p style="text-align: right;">Good Reads</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy Understanding the World</p>
<p>All About Feelings by Felicity Brooks and Frankie Allen</p>	<p>How are you feeling today? This fun, friendly and reassuring introduction to feelings is designed to help young children recognise, understand and name how they're feeling and learn to talk about and manage their emotions in helpful ways.</p> <p style="text-align: right;">Usborne Books</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>How to be a Lion by Ed Vere</p>	<p>"Children will feel empowered after reading such a deliberate story of unyielding strength and self-awareness. Thoughtful and provocative words to live by."</p> <p style="text-align: right;">School Library Journal</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>The Colour Monster by Anna Llenas</p>	<p>A gentle exploration of feelings for young and old alike. One day, Colour Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through colour.</p> <p style="text-align: right;">Waterstones</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>My Friend is Sad by Mo Williams</p>	<p>Elephant and Piggie are such good friends. Today Elephant is sad and Piggie decides to make him happy by being a cowboy, a clown and even a robot all things that Gerald the Elephant normally loves. Each time Piggie appears Elephant seems to be happy but then goes back to being sad. What's wrong? What can Piggie do to help?</p> <p style="text-align: right;">A Book and a Hug</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>

<p>Horrible Bear by Anne Dyckman</p>	<p>In this charming but goofy picture book, readers will learn all about tempers, forgiveness, and friendship as Bear prepares to live up to his formerly undeserved reputation while the little girl realizes that maybe--just maybe--Bear isn't as horrible as she thought.</p> <p style="text-align: right;">Amazon</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>What's Worrying You? by Molly Potter</p>	<p>Each page takes the child step-by-step through different worry scenarios, such as falling out with a friend, getting in trouble at school, or feeling like no one is listening. It talks about how they might feel, what they might think, and what could help them to ease the anxiety.</p> <p style="text-align: right;">Bloomsbury</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Will You Be My Friend? by Molly Potter</p>	<p>Best-selling author Molly Potter presents practical advice on helping children understand how to be a true friend and what helps and what hinders friendships. Will You Be My Friend? is ideal for starting conversations about making friends and includes a guide for parents and carers about supporting a child if they are having friendship difficulties.</p> <p style="text-align: right;">Waterstones</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Giraffes Can't Dance by Giles Andrese and Guy Parker-Rees</p>	<p>Gerald the giraffe longs to dance, but his legs are too skinny and his neck is too long. His knees buckle whenever he tries to twirl. At the Jungle Dance, the warthogs waltz, the chimps cha-cha, and the lions tango. "Giraffes can't dance," they all jeer when it's Gerald's turn to prance.</p> <p style="text-align: right;">Scholastic</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy Expressive Arts and Design</p>
<p>Lost and Found by Oliver Jeffers</p>	<p>This is the story of a boy who takes it upon himself to help a lost penguin find his way home. His first quest is to find where the wordless penguin has come from. But no-one seems to be missing a penguin.</p> <p style="text-align: right;">Kids Book Review</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Sharing a Shell by Julia Donaldson</p>	<p>The tiny hermit crab loves his new shell. He doesn't want to share it -- not with a blobby purple anemone and a tickly bristleworm. But life in the rock pool proves tougher than Crab thinks, and soon he finds he needs his new housemates in this rollicking story of sea, shells and friendship.</p> <p style="text-align: right;">Amazon</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>Stick and Stone by Beth Ferry and Tom Lichtenheld</p>	<p>Stick and Stone is a delightful book about two characters who are lonely but who discover the benefit of reaching out. Stone is a "zero" and Stick, a "one". Then they meet Pinecone who begins to bully Stone. And that leads Stick to stand up to Pinecone.</p> <p style="text-align: right;">Libris Notes</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>
<p>How do Dinosaurs Play with Their Friends? by Jane Yolan</p>	<p>The bestselling, award-winning team of Yolen and Teague present their fourth original dinosaur board book, a fun guide to friendship and playing nicely with others.</p> <p style="text-align: right;">Google Books</p>	<p>Personal, Social and Emotional Development Communication and Language Literacy</p>