

ST CECILIA'S INFANT SCHOOL

WEEK ONE

Week Commencing:- 5th September – 3rd October – 7th November – 5th December 2016

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Salmon Fillet Chipped Potatoes	Chicken Breast Boiled Potatoes Gravy	Homemade Scouse With Wholemeal Bread Roll	Homemade Beef Bolognaise Wholegrain Pasta	Sausage Creamed Potatoes
Vegetarian Option	Vegetable Ravioli	Vegetable Lasagne	Homemade Tuna Pasta	Homemade Cheese and Baked Beans Pasta Bake	Quorn Sausage
Vegetables	Peas Or Side Salad	Carrot & Swede Or Side Salad	Beetroot Or Side Salad	Mixed Vegetables Or Side Salad	Baked Beans Or Side Salad
Quick Picks	A daily selection of sandwiches, wraps, barms, toasties and filled baked potatoes.				
Desserts	Jam tart With Cream	Homemade Fruit Jelly With Ice-cream	Assorted Mousse	Homemade Chocolate Orange Brownie	Fresh Fruit Salad
Drinks	Glass of Water	Glass of Juice	Milk Or Milkshake	Glass of Water	Glass of Apple Juice

Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative

ST CECILIA'S INFANT SCHOOL

WEEK TWO

Week Commencing:- 12th September – 10th October – 14th November – 12th December 2016

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Fish Goujons Creamed Potatoes	Homemade Cheese Pizza Potato Wedges	Homemade Chicken Korma Wholegrain Rice	Homemade Spaghetti Bolognaise	All Day Breakfast (including Sausage, Hash Brown Scrambled Egg Baked Beans)
Vegetarian Option	Homemade Cheese Flan	Homemade Tuna Pasta	Vegetable Korma	Vegetable Bolognaise	Quorn Sausage
Vegetables	Carrots Or Side salad	Peas or Side Salad	Cauliflower Or Side salad	Broccoli Or Side Salad	Baked Beans Or Side salad
Quick Picks	A daily Selection of sandwiches, wraps, barmes, toasties and filled baked potatoes.				
Desserts	Ice-cream Roll With Pears	American Style Pancakes With Cream	Homemade Apricot Cookies	Homemade Fruit Crumble With Custard	Fruit Jelly With Cream
Drinks	Glass of Juice	Glass of Juice	Glass of Milk	Glass of Water	Glass of Water

Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative

ST CECILIA'S INFANT SCHOOL

WEEK THREE

Week Commencing:- 19th September – 17th October – 21st November – 19th December 2016

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Turkey Meatballs In Bolognaise Sauce Wholegrain Pasta	Homemade Cheese Pizza Potato Wedges	Homemade Minced Beef Pie Creamed Potatoes Gravy	Homemade BBQ Chicken In a Wholegrain Pitta Pocket	Salmon Goujons Chipped Potatoes
Vegetarian Option	Tuna pasta	Cheese Pizza	Vegetable Lasagne	BBQ Quorn In a Pitta Pocket	Quorn Sausage
Vegetables	Mixed Vegetables Or Side salad	Peas Or Side salad	Broccoli Or Side Salad	Green Beans Or Side Salad	Baked Beans Or Side salad
Quick Picks	A daily selection of sandwiches, wraps, barmes, toasties and filled baked potatoes.				
Desserts	Frozen Yogurt	Homemade Pear Sponge Cake Pouring Cream	Homemade Mandarin Muffin	Fresh Fruit Salad	Homemade Rice Pudding With Jam
Drinks	Glass of Juice	Glass of Water	Glass of Juice	Glass of Milk	Glass of Water

Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative

ST CECILIA'S INFANT SCHOOL

WEEK FOUR

Week Commencing:- 26th September – 31st October – 28th November 2016

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Turkey Burger Creamed Potatoes	Vegetable Lasagne Garlic Bread	Homemade Chicken Korma Wholegrain Rice	Selection of Filled Baked Potatoes	Fish Fillet Chipped Potatoes
Vegetarian Option	Quorn Sausage	Cheesy Pasta Bake	Vegetable Korma	Homemade Tuna Pasta	Homemade Cheese Flan
Vegetables	Baked Beans Or Side Salad	Broccoli Or Side Salad	Green Beans Or Salad	Side Salad	Pease & Sweetcorn Or Side Salad
Quick Picks	A daily selection of sandwiches, wraps, barmes, toasties and filled baked potatoes.				
Desserts	Pears With Ice-cream	Homemade Chocolate Orange Brownie	Pancakes With Ice-cream	Fruit Filled Meringue	Ice-cream Sponge Roll With Mandarins
Drinks	Glass of Water	Glass of Juice	Glass of Milk Or Milkshake	Glass of Water	Glass of Apple Juice

Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative

